



EDUCATION

- 8/2012 **Clinical Psychology Doctoral Degree**
California School of Professional Psychology
at Alliant International University, San Francisco Campus (APA accredited)
- 12/2008 **Master of Arts, Clinical Psychology**
California School of Professional Psychology
at Alliant International University, San Francisco Campus
- 8/1995 **Bachelor of Arts, Psychology**
University of California, Los Angeles

CLINICAL EXPERIENCE

- 8/15 - current Medpro, Inc, Staff Psychologist
- Disability Assessments
 - Immigration Assessments
- 5/15 - 6/15 Ewing Diagnostics & Psychological Associates, Staff Psychologist
- Disability Assessments
 - Pre-employment screenings
- 12/14 - 8/15 Neuropsychological Associates, Santa Rosa, CA, Staff Neuropsychologist
- Neuropsychological/Forensic Assessment
- 9/14 - 8/15 Argosy University, Alameda, CA, Clinical Supervisor
- Assessment Supervision
 - Consultation
- 9/14 - 8/15 CHE Senior Psychological Services, Los Angeles, CA, Staff Psychologist
- Cognitive Capacity Evaluations
 - Individual Therapy
 - Consultation
- 10/13 - 8/14 Argosy Assessment and Intervention Clinic, Alameda, CA, Post-Doctoral Fellow
- Psychoeducational Assessment and ADHD Evaluations
 - Outreach
 - Peer Supervision
 - Clinic Management/Administration
 - Curriculum Development
- 10/12 - 1/14 Harmony Satre, Licensed Psychologist, Oakland, CA, Psychological Assistant
- Immigration Assessment and Cognitive Capacity Evaluations



- 9/12 - 9/13 Frugé Psychological Associates, Inc., Oakland, CA; Post-doctoral Fellow
- Individual/Group Therapy
 - On-Site Psychoeducational/IEP Consultation
 - Crisis Intervention
 - Psychoeducational Assessment
 - Peer Supervision
 - In-Service Training
- 8/11 - 9/12 Frugé Psychological Associates, Inc., Oakland, CA, Pre-Doctoral Internship (CAPIC)
- Individual/Group Therapy
 - On-Site Psychoeducational/IEP Consultation
 - Crisis Intervention
 - Conflict Mediation
 - Psychoeducational Assessment
- 7/09 - 8/11 San Francisco VA Medical Center, San Francisco, CA, Psychology Extern
- Neuropsychological Assessment/Consultation
 - Individual/Group Therapy
 - Outreach
- 8/09 - 7/10 Contra Costa County Health Services, Concord, CA, Psychology Intern
- Forensic Assessment/Consultation
- 7/08 - 6/09 Psychological Services Center, Oakland, CA; Psychology Trainee
- Individual/Group Therapy
 - On-site Psychoeducational Consultation
 - Crisis Intervention
 - Psychodiagnostic/Neuropsychological Assessment
- 8/07 - 8/08 St. Helena Center for Behavioral Health, Vallejo, CA, Psychology Trainee
- Individual/Group Therapy
 - Psychodiagnostic Assessment
 - Substance Abuse Treatment
- 9/07 - 5/08 Michael Shore, Ph.D., Licensed Psychologist, San Francisco, CA Assessment Extern
- Psychoeducational Assessment
- 8/06 - 8/07 OMI Family Center, San Francisco, CA, Psychology Trainee
- Individual/Group Therapy
 - Intakes
- 9/05 - 6/06 OMI Family Center, San Francisco, CA, Practicum Trainee
- 8/02 - 9/03 Behavioral Intervention Association, San Francisco Bay Area; Behavior Implementor

SUPERVISION EXPERIENCE

- 10/13 - 8/15 Argosy Assessment and Intervention Clinic, Alameda, CA; Post-doctoral Fellow



TEACHING EXPERIENCE

Argosy University, Alameda, CA

Adjunct Professor, 9/14 - current

Graduate Courses Taught: Research & Evaluation, Cognitive Assessment

Notre Dame De Namur University, Belmont, CA

Adjunct Professor, 1/11 - 6/11

Undergraduate Course Taught: Cognitive Psychology, Winter 2011

California School of Professional Psychology, San Francisco, CA

Teacher Assistant, 9/07 - 5/08

Duties: Assisted Dr. Valata Jenkins-Monroe in psychodiagnostic assessment course. Prepared lectures for TA section, substituted for Dr. Jenkins-Monroe in her absence, prepared materials for distribution, reviewed assessment assignment and provided feedback for final drafts.

RESEARCH EXPERIENCE

Benigno, A., (2012). The effects of family obligation attitudes on Filipino American college graduation rates. (Unpublished doctoral dissertation). California School of Professional Psychology at Alliant International University, San Francisco.

Doctoral Dissertation, California School of Professional Psychology (CSPP)

Dissertation chairperson: Yuki Okubo, PhD

Committee member: Valata Jenkins-Monroe, PhD

A quantitative study employing multiple hierarchical regressions and correlations to explore how attitudes of family obligation impact college graduation rates for Filipino American students.

1/11 - 5/11 **TBI and Psychosis: A Case Study**

San Francisco VA Medical Center

Co-author, January 2011 - May 2011

Supervisor: Michael Drexler, Ph.D.

A case study investigating the possibility of psychotic symptoms manifesting as sequelae of TBI.

Responsibilities: Literature review. Data review.

Research team members: Michael Drexler, Ph.D., Karina Nersessova

4/10 - 10/10 **Sensory Modulation Groups, a Neuropsychologically Based Intervention**

San Francisco VA Medical Center

Primary Author/Presenter

Supervisor: Michael Drexler, Ph.D.

Research reviewing the effectiveness of sensory modulation groups for the severely mentally ill population.

Responsibilities: Literature review, conducted interviews, designed and presented poster at the 30th Annual National Academy of Neuropsychology (NAN) Conference, Vancouver, British Columbia, Canada. Drafted and submitted proposal to the NAN.

Research team members: Michael Drexler, PhD; Elizabeth Weiss, PsyD; Karen Leigh, OTR/L



3/10 - 8/11

Activities for Cognitive Enhancement for Seniors (ACE-Seniors)

Stanford University School of Medicine

Supervisor: Allyson C. Rosen, Ph.D.

Primary Investigator: Victor Henderson, MD, MS Neurologist

NIH-funded study examining the effects of four different activities on the remediation of age-related cognitive decline.

Responsibilities: Assisted in battery design. Conducted pre-screenings on participants. Administered and scored neuropsychological assessment batteries.

9/94 - 3/95

Jun Saiki, Ph.D.

Department of Psychology

University of California, Los Angeles

Research Assistant

Responsibilities: Prepared participants for research experiments, administered computer-based tests, assisted in test design, literature review. 15 hours weekly.

3/93 - 6/93

Lynda Sagrestano, Ph.D.

Department of Psychology

University of California, Los Angeles

Research Assistant

Responsibilities: Coded data for analysis, participated in weekly meetings, literature review. 15 hours weekly.

RELATED PROFESSIONAL EXPERIENCE

Community Integration Through Creativity (CITC)

San Francisco VA Medical Center, San Francisco, CA

Grant Writer/Volunteer Coordinator, 4 /10 - 12/11

CITC is a VA-funded initiative associated with the SFVA Psychosocial Rehabilitation and Recovery Center. Through this initiative, the CITC works to help veterans with significant barriers to employment gain vocational skills through activities which encourage independence and recovery.

Duties: Grant writing, progress tracking, funds tracking, volunteer recruitment, and consultation.

Grand Lake Home, Oakland, CA

Administrator, 9/03 - present

Grand Lake Home is a licensed 23-bed board and care home for the elderly with a predominantly mentally-ill population.

Duties: California-certified Administrator for Residential Care Facilities for the Elderly (RCFE). Oversaw general operation of facility, which required compliance with California's licensing requirements for the proper care of clients. Conducted intakes. Coordinated care efforts with families, social workers, conservators, doctors, psychiatrists, and pharmacies. Monitored ambulatory status of clients. Directed caregiving and facility maintenance activities. Designed training program. Assisted in marketing efforts.



Filipino Mental Health Initiative (FMHI), Daly City, CA

Volunteer, 2/07 - 8/07

The Filipino Mental Health Initiative is an organization that strives to increase the Bay Area Filipino community's awareness of mental health services.

Duties: Helped update the directory of mental health services available to Filipino community. Compiled information from existing directories, confirmed current contact and general information regarding their services.

MetaMarkets.com, San Francisco, CA

Webmaster, 11/99 - 2001

MetaMarkets.com was an internet startup company that sought to revolutionize the investment industry by increasing transparency in mutual fund management while offering real-time analysis to investors via its high-traffic internet discussion boards.

Duties: Communicated with upper management to define scope of projects, interviewed and hired team members. Negotiated project deadlines with upper management and monitored schedule performance. Defined roles within the team and implemented systems of motivation that increased work quality and job satisfaction. Oversaw design and user experience of site. Conducted website visitor analytics to guide information architecture of the site.

Bay Area Youth Ministry, Banal Na Pag-Aaral USA, San Francisco Bay Area, CA

Coordinator/Regional Coordinator/Staff Assigned, 10/95 - 2008

The Youth Ministry of the Banal Na Pag-Aaral (BNP) is a youth-oriented chapter of a worldwide organization based in Southern California. Membership is comprised of youth ages 14-25.

Duties: As satellite advisor, provide guidance, mentoring and counsel to satellite officers and core members, prepare quarterly reports for other regional coordinators and staff assigned. Outline satellite objectives and coordinate satellite activities with regional objectives. As satellite coordinator, organized fundraisers, sports tournaments, and musical events together with other satellite officers and members. As regional coordinator for music, planned activities for members, Coordinated travel. Formed Community Service Committee. Headed Music Committee for Bay Area Chapters.

Bruin Partners, Los Angeles, CA

Mentor, 3/94 - 6/94

Bruin Partners is a mentoring program at UCLA that sought to provide elementary school children in underprivileged areas of Los Angeles with positive role models.

Duties: Mentors are assigned to different second graders each week and are expected to plan and moderate activities for children such as art table, favorite hobbies, and various games.

References available upon request.